



Presents

Root River Bluff & Valley Bicycle Tour

Explore Southeast Minnesota and the Root River Valley on this 3-Day Bicycle Trek
Friday, July 8th - Sunday, July 10th, 2016

Price \$265

Includes:

- A packet pick-up party Thursday night in Whalan
- A bluff country breakfast each morning
- Saturday night dinner party
- 50 to 68 miles of memorable bike touring each day
- Camping w/showers (*lodging options are also available*)
- Commemorative Root River bike jersey
- Sag and support throughout the ride
- Photo/Selfie scavenger hunt contest
- and Entertainment each evening.



Explore the Nine



For more information see below
or contact:
Russ@HaveFunBiking.com

Fountain - Harmony - Houston
Lanesboro - Peterson - Preston
Rushford - Rushford Village
and Whalan



Discover the magic of riding your bike in Bluff Country



Root River Bluff & Valley Bicycle Tour:

About the Ride: Located in Southeastern Minnesota, this is a loop tour that begins and ends in Whalan, MN. Meet Thursday evening, July 7, for a packet pickup party in preparation for your bicycle adventure on Friday morning, July 8 through the 10th. This 3-day tour is limited to 150 cyclist who want to explore the bike friendly roads that meander in and around the Root River Trail system while enjoying the good food, history and 'Driftless' scenery along the way.

Day 1 - From Whalan, journey through Lanesboro, to Fountain, then Preston on your way to Harmony, our 1st overnight stop.
Day 2 - Enjoying Harmony's Amish culture the ride heads east, through farmlands still cultivated by horses and Minnesota's first Norwegian settlement, then after lunch it's on to Houston for the evening. After checking out the National Owl Center and bike art there, Tour riders will take part in a dinner party and evening of fun.

Day 3 - After enjoying Houston's hospitality the meandering route for the day-3 makes its way back west, skirting the bluffs along the Root River, stopping in Rushford, and then Peterson, before returning back to Whalan.

Mileage & Terrain: Mileage will range from 50 - 68 miles each day (*century options are available upon request*) on paved roads with some riding on paved trails. The terrain in this area is rolling with a few mile long, 8+ grade climbs. The tour is best suited for cyclists of intermediate ability and above.

Getting to the Ride: Whalan (*ride start*) is located on Hwy 16, about 2 hours from the Twin Cities, 1 hour from Decorah, IA and 45-min. from La Crosse, WI. Driving and parking instructions will be provided to all registered riders prior to the tour.

Camping/Lodging: This is primarily a tent camping tour, with limited hotel options available. Camping is at local parks, schools, etc., with showers nearby. For those who prefer indoor lodging, there is a limited number of lodging rooms available in each city. Motels may be a 1 to 3-miles from the camping location so additional bicycling may be necessary depending on the location of meals or any activities the host town plans. The cost of motels rooms is not included in your registration fee and it is your responsibility to make your own reservations. A list of lodging options, with phone numbers are listed below for each host city. Please make reservations only at the properties listed, as they are the only locations that luggage will be delivered and picked up from. Camping in Whalan Thursday night is included (*no showers*). For lodging see list below.

Luggage Transport and Support:

Each day your luggage will be transported to the next overnight town. Campers are only allowed two soft-sided bags, limited to 40 lbs each, and hotel'rs are allowed one soft-sided bag, limited to 40 lbs. Please be sure all items fit inside your bag(s). There are no tie-on's, however for those with unique wheel sizes, we encourage you to bring an extra tire and some tubes. These items will be labeled with your name and carried in the support vehicle if needed.

SAG Support: will be provided and is for people who have mechanical issues that cannot be repaired on the roadside or have a minor injury. Please be prepared to bike the distances, otherwise if you ride with the Sag be prepared to arrive late in the afternoon, as they will be sweeping in the last few riders.

Mechanical Support: Please be sure to have your bike checked over and tuned up before arriving on the ride as bike mechanic repair may be limited. As mentioned above, we will allow you to bring along a spare tire and tubes that will be tagged and carried in the tours support vehicle.

Food: Each day, breakfast will be provided, starting day 1 (July 8th through the 10th). Lunches will be on your own at the routes halfway point, in a community we pass through. A list of lunch and dinner options will be provided each day, along with other tour highlights. On Saturday evening there will be a last night gathering and dinner party.

Supported Rest stops: are only available where there are no retail establishments (*convenience stores, ice cream, coffee shops or cafes*) between the morning 15-25 mile range and the 45-50 mile range along the routes afternoon section.

Cost: The cost of this Bluff & Valley Tour is \$265 per person and includes, three-nights camping, three breakfasts, one dinner party admission Saturday night, baggage transport to each night's destination, maps, vehicle support and all the scenery and fun you can pack in! All other fees are on your own. The tour is limited to 150 riders. Early registration, with a commemorative jersey ends February 1, 2016. Final registration, without the jersey, closes **May 1st**.

Our Cancellation Policy: All cancellations received on or before May 1st will be refunded the full trip fee, minus \$50. Cancellations received after May 1, will forfeit the entire trip fee; however, your registration may be transferred to 2017, only if another Root River ride is scheduled. All cancellations must be received in writing via. email. Please send any refund requests or registration changes to Russ@HaveFunBiking.com.

Minors on this tour: Our ride policy limits all ride persons to be 14 years of age or older. Riders 14-17 years of age must be accompanied by a responsible adult during the ride, preferably their parent or grandparent. A **medical release form for each rider 14-17 years old must be signed by his or her parent or guardian. The minor must have the form in his or her possession at all times during the Bluff & Valley Tour.** Without the release form, there could be a delay in any necessary medical treatment and HaveFunBiking.com or the Root River Trail Towns will not be held responsible.



Root River Bluff & Valley Bicycle Tour Registration

July 8 – 10th, 2016 (Thursday night – Sunday)

Fee: \$265

**Please complete this registration form, the signed waiver, with full payment and mail to:
Have Fun Tours, 2113 E. 66th Street, Richfield, MN 55423**

First Name _____ Last Name _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____

E-Mail _____

E-Mail is our primary means of communication with you, please print legibly.

Parking Information in Whalan, MN

_____ I will drive to the starting location and will need secure parking

_____ I will be arriving with another person and **do not** need car parking

Type of bicycle you will be riding? _____ Solo _____ Tandem _____ Recumbent _____ I need a Rental

Camping/Lodge information - Please indicate your sleeping preference

_____ I will be camping each night throughout the ride

_____ I will camp some nights, staying in a hotel the following: *(Please list below)*

_____ I have arranged lodging, with _____ *(roommate)* in the following hotels *(list hotel behind towns)*

Harmony: _____ Houston: _____

Whalan/Lanesboro (Thursday night): _____

*** camping w/showers, and hotel luggage delivery and pickup are included. For Hotels that we will shuttle your luggage to please use the list of recommended properties on the next page, below.*

Medical Information and Special Requests

Please list any allergies, diet requirements, or special medical conditions that we should be aware of:

Emergency Contact Information

The following person should be contacted in case of emergency:

Contact Name _____ Relationship _____

Cell Phone or best number _____

Cancellation Policy

A refund, minus a \$50 administration fee, will be returned to you if you contact us before May 1st, 2016. After that date, a refund will be mailed, minus the \$50 admin fee only if a ride replacement is found.

For more information please contact: Russ@havefunbiking.com

Please Mail This Form with Payment of \$265

To: Have Fun Tours, 1321 E. 66th Street #102, Richfield, MN 55423

(or, us Credit Card option below)

Name on Card _____ **Visa or Mastercard only**
C.C. Number _____

Billing Address *(if different than above)* _____

Expiration Date: _____ - _____ - _____ **3-diget code on back** _____

Root River Bluff & Valley Bicycle Tour

3 Day Bicycle Trek around the beautiful Root River Valley.



welcomes you to join us for this
bike tour rich in Minnesota history



Optional Hotel Lodging Opportunities Along the Way!

Harmony:

[Asahi Loft of Harmony](#)

507-226-3735

[Country Lodge Inn](#)

507-886-2515

[Selvig House B&B](#)

507-886-2200

Check back periodically for more lodging options

Tourism contact: <http://www.exploreharmony.com/>

Houston:

[The Bunkhouse](#)

507-896-2080

[Loken's Sawmill Inn](#)

507-896-7050

Tourism contact: <http://www.houstonnaturecenter.com/>

Whalan/Lanesboro: <http://www.lanesboro.com/where-to-stay/>

Tourism contact: <http://www.lanesboro.com/>

Fountain:

Tourism contact: <https://www.facebook.com/FountainTrailDays?fref=ts>

Peterson:

Tourism contact: <http://www.petersonmn.org/>

Preston:

Tourism contact: <http://www.prestonmntourism.com/>

Rushford and Rushford Valley:

Tourism contact: <http://www.rushfordpetersonvalley.com/>

Sponsored by:



For more information please contact:
Russ@havefunbiking.com

Have Fun Tours Agreement, Waiver & Release of Liability Root River Bluff & Valley Bicycle Tour

Each participant MUST sign a separate waiver.

Helmets are mandatory on this event.

Note: Have Fun Tours in this release refers to the Root River Bluff and Valley Bicycle Tour and all related events occurring before, during, or after the event published.

I, the undersigned, know and understand that Have Fun Tours involves potentially hazardous or dangerous activities. I participate in the Root River Bluff and Valley Bicycle Tour, by Have Fun Tours out of my own free will and choice. In choosing to attend this tour/ride, I fully accept and assume all risks and hold harmless: Have Fun Tours, HaveFunBiking.com (*also know as HFB*) and the Root River Trail Towns of Southeastern Minnesota, their subsidiaries and affiliated entities.

I also hold harmless Have Fun Tour sponsors and participating clubs, public and civic entities, communities, public and private schools, colleges and universities, religious and related organizations, Have Fun Tour officials, emergency and support personnel, volunteers and their representatives, and the officers, directors, employees, representatives, agents or assigns, persons and entities that provide event recommendations, advice or services (hereinafter "Have Fun Tour affiliates") whether before, during or after this tour. These risks include, without limitation, physical injury, mental injury, emotional distress, trauma, sickness, illness, death, contact with other participants, equipment failure, inadequate safety equipment, traffic, contact with motor vehicles of all types and descriptions, collision with other riders or fixed objects, the conditions of the road, camping and negligence of others. I understand that I may be riding or camping outdoors during this Have Fun Tours event and may involve being exposed to the elements including risk of unpredictable and possibly dangerous weather conditions including thunderstorms, rain, hail, lightning, wind and tornadoes either during the day or at night. All risks are known and appreciated by me and I waive any and all specific notice of the existence of them. I assume and will pay my own medical and emergency expenses in the event of injury, illness, or other incapacity regardless of whether I authorize such expenses. I authorize the use and release of personal and medical information in connection with any medical services provided to me.

I realize that all Have Fun Tours requires physical conditioning. I represent that I am in sound medical condition capable of participating in this ride events without risk to myself or others. I have no medical impediment, which would endanger others or me. I understand that a situation may arise during a Have Fun Tour event which may be beyond the control of the sponsors, promoters or organizers or may arise from negligence by them or others. I will be solely responsible for the condition and adequacy of my bicycle, safety gear and riding equipment. I will ride safely within the limits of my own abilities, my equipment and the riding conditions and in a manner so as not to endanger either myself or others.

Knowing these facts and in consideration of my entry acceptance, admission to and/or participation in the Have Fun Tour event, I, for myself and anyone acting on my behalf and for my heirs, devisees, legatees or assigns, hereby release, waive, discharge, covenant not to sue and agree to hold Have Fun Tours affiliates, and their successors, that provide advice or services relating to matters such as route selection or maintenance, risk management, safety and first aid, harmless from any and all claims, demands and actions of any and every kind I have, may have or may hereafter accrue against the released parties directly or indirectly arising out of Have Fun Tours. My waiver and release of all claims, demands, actions and liabilities shall include without limitation, any injury, damage or loss to my person or property which may be (a) caused by any act, or failure to act, by the above-identified persons and entities, including without limitation, their negligence, and/or (b) sustained by me before, during or after this ride. I will abide by all Have Fun Tours rules and regulations. I understand that my name, address, photograph, voice and/or likeness may be used in promotional or advertising materials by HFB and its licensees. I consent to such uses and waive any rights of privacy or publicity I may have in connection with those uses. I also waive any privacy rights that may result from disclosure of information about me, including without limitation, in connection with provision of any medical services by Have Fun Tours sponsors and organizations.

I agree to abide by all oral or written requirements established for vehicles accompanying this ride, recognizing that Have Fun Tours and its affiliates are not insurers of the safety or protection of my vehicle or its drivers. I agree that during this ride, I will abide by all local, state and federal laws with regard to the operation and use of my bicycle and will hold harmless all Have Fun Tour affiliates from any infraction or violation thereof. I agree that Have Fun Tour affiliates shall not be liable for any harm, loss or damage that I may incur while participating. I further agree to indemnify and hold the parties listed above harmless from any all losses, damages, claims and expenses, including attorney's fees, arising from or relating in any respect to my attendance and/or participation in any Have Fun Tour event or my breach of this agreement. If I am a minor, my parent or guardian are signing on my behalf. We (the guardians) agree to be bound by the terms of this agreement, waiver and release.

I have read this agreement, waiver and release, and agree to and accept its terms.

X _____
Signature

Date

THE FOLLOWING REQUIRED OF ALL RIDERS UNDER AGE 19: Responsible adult , over age 19, must accompany any rider under age 19
I agree to accompany the above named minor participant on this Have Fun Tour ride and will be responsible for his/her actions.

X _____
Signature of Responsible Adult (Must be 19 or older on the date signing Waiver)

X _____
Printed Name of Responsible Adult

Address of Responsible Adult if rider is under 19: City, State, Zip Code and Phone Number

Date